# **11 Ways You're Wasting Time Instead of Doing What You Need to be Successful**

Deep Patel, the Author of A Paperboy's Fable: 11 Principles of Success, suggest that to achieve great success and productivity means cutting out these 11 time wasters or ‘little distractions’’ from your life.

1. Multitasking

2. All things email

3. Social media without a purpose

4. Pointless meetings

5. Disorganized work environment

6. Too much socializing

7. Refusing to seek clarification

8. Online distractions

9. Too many breaks

10. Ignoring your mental exhaustion

11. No clear goal to motivate you

I totally agree with Deep Patel on these points.